

Sports Hip Surgery 2010

MONDAY 14TH JUNE 2010

0730	Breakfast
0830	Registration
0900	Welcome DAMIAN GRIFFIN
SESSION 1 Advanced imaging for young adult hips	
0910	Which plain radiographs to do and what to measure MORITZ TANNAST
0920	Imaging of impingement SANTOSH RAI
0930	Analysis of acetabular coverage JOHAN WITT
0940	Discussion
SESSION 2 What causes femoroacetabular impingement?	
0950	What do we know about the pathology and epidemiology? MARTIN BECK
1000	Is FAI an evolutionary side-effect? TOM HOGERVORST
1010	Is FAI genetically determined and inherited? TOM POLLARD
1030	Does sport in teenagers cause FAI? HUBERT NOTZLI
1040	Discussion
1050	Coffee
SESSION 3 Treatment of cam impingement	
1115	Surgical dislocation MARK NORTON
1130	Arthroscopic technique: peripheral compartment first MICHAEL DIENST
1145	Arthroscopy technique: central compartment and capsulotomy JOHN O'DONNELL
1200	Arthroscopy technique: wide capsulectomy from the outside THOMAS SAMPSON
1215	Discussion
1230	Lunch
1310	Workshops
SESSION 4 Treatment of pincer impingement	
1430	Open rim trimming and labral reattachment MARTIN BECK
1445	Arthroscopic rim trimming, labral reattachment and labral grafting MARC PHILIPPON
1500	Arthroscopic rim trimming without labral detachment THOMAS SAMPSON
1515	Protrusio and profunda MORITZ TANNAST
1530	Discussion
1600	Tea
SESSION 5 Hip instability	
1630	Core stability training – who does it help? MARK YOUNG
1645	Labral tears without impingement JOHN O'DONNELL
1700	Anatomy and function of the ligamentum teres and hip capsule PAU GOLANO
1715	Arthroscopic capsular plication and ligamentum teres reconstruction. MARC PHILIPPON
1730	Discussion
1930	Dinner
	The Rifles in Afghanistan RICHARD STREATFEILD

TUESDAY 15TH JUNE 2010

SESSION 6 Dysplasia	
0800	Decision-making: weighing up the options DARREN FERN
0810	Arthroscopy in dysplasia RODRIGO MARDONES
0820	Bernese periacetabular osteotomy: technique and results HUBERT NOTZLI
0840	Discussion
SESSION 7 Rehabilitation after hip surgery	
0900	Initial rehabilitation protocol IVOR HUGHES
0910	Advanced rehabilitation for the athlete MARK YOUNG
0920	Return to sport after arthroscopic FAI surgery DAMIAN GRIFFIN
0940	Return to sport after surgical hip dislocation in high level athletes HUBERT NOTZLI
0950	Discussion
1000	Coffee
SESSION 8 Articular cartilage repair	
1030	Microfracture KARTHIKEYAN SHANMUGAM
1045	Chondrocyte grafting ANDREA FONTANA
1100	The potential of stem cells in the hip RODRIGO MARDONES
1115	Discussion
SESSION 9 Periarticular hip pain	
1130	Sportsman's groin: diagnosis and surgical options IAN McCLENNAN
1140	Hamstring tears, avulsions and sciatic neuropathy FARES HADDAD
1150	Snapping iliotibial band and gluteus medius tears JOHN O'DONNELL
1200	Psoas snapping and impingement LUIS PEREZ-CARRO
1210	Discussion
1230	Lunch
1310	Workshops
SESSION 10 Early osteoarthritis	
1430	How to decide when joint-preserving surgery is still worthwhile. MARK NORTON
1445	Arthroscopic surgery for established degeneration THOMAS SAMPSON
1500	Sport after resurfacing arthroplasty PEDRO FOGUET
1515	Special techniques for hip replacement in sporting patients. JAN SOMERS
1545	Discussion and Close DAMIAN GRIFFIN
WORKSHOPS	
1	Practical techniques in hip arthroscopy
2	Meet a hip arthroscopy team
3	Practical techniques in surgical hip dislocation and PAO
4	Clinical examination techniques and case studies