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v back pain is a significant societal problem More than 80% of the population will complain of lower back pain

HIP ARTHROSCOPY AND NEW TRENDS IN HIP SURGERY

SANTANDER HIP MEETING 2019

10TH EDITION ● SANTANDER ● SPAIN





SANTANDER INTERNATIONAL HIPMEETING 2019

Meeting Chairman

Dr. Luis Pérez Carro (Spain)

Guest Faculty

Rafa Arriaza (Spain) Filiep Bataillie (Belgium) Nicolas Bonin (France) Patrick Carton (Ireland) Luis Cerezal (Spain) Pedro Dantas (Portugal) Michael Dienst (Germany) Boris Garcia (Spain) Juan Gómez-Hoyos (Colombia) Damian Griffin (UK) Moises Hernando Fernandez (Spain) Lafayette Lage (Brasil) Hal David Martin (USA) Oliver Marin (Spain) Jesús Mas (Spain) Dean Matsuda (USA) Luis Pérez Carro (Spain) Paulo Rego (Portugal) Juan Ribera (Spain) Marc Tey (Spain) Raul Torres (Spain)

POST MEETING SUMMARY

BY DR. LUIS PÉREZ CARRO CHAIRMAN SANTANDER HIP MEETING

The 10th International Santander Hip meeting and 5th Course Video Technique GIPCA group, which took place on February 14-15, brought together world renowned experts in hip surgery over a two day conference to deliver presentations and video techniques on the most advanced care for patients with hip pathology. The meeting had 185 participants (164 registrants and 21 distinguished speakers).

The conference provided delegates with an extensive programme covering all aspects of hip surgery, including recent advances and controversies in the important areas of hip preservation and hip replacement.



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International experts travelled from Brazil, Colombia, United States of America and from many countries throughout Europe (Ireland, UK, France, Belgium, Germany, Portugal and Spain) to present their experience to the delegates, mainly orthopaedic surgeons, sports medicine doctors and health care professionals, attending the meeting.

Day one of the meeting began, following the opening address from the chairman and organiser Dr. Luis Perez Carro , with a concise review of the important basic principles of anatomy, examination and imaging of hip pathology (Dr. Luis Cerezal and Dr. Moises Hernando); FAI syndrome was main topic of the morning with many experts, including Dr. Michael Dienst, presenting video techniques of surgery of bony deformity correction and repair methods for the labrum and the hip capsule. Discussions included the latest peer-reviewed publications for the evidence behind treatment methods and outcomes, and included presentation of the recent UK FASHION randomised controlled FAI study, by Prof. Damian Griffin. The pathogenesis and clinical presentation of sports-related femoroacetabular impingement (SRFAI) in symptomatic athletes were presented by Dr. Patrick Carlton.



The focus of the Thursday afternoon was on extra-articular, deep gluteal and peri-trochanteric conditions and treatment; the combined experience in this area from both our national experts in Spain and Portugal (Dr. Luis Perez Carro, Dr. Rafael Arriaza and Pedro Dantas), along with Dr. Juan Gómez de Hoyos (Colombia) and Dr. Hal Martin (USA), world-renowned for his expertise in this specialist area, delivered an incredible session of basic science, diagnosis and treatment of these difficult conditions.



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Successful meetings require the support of our industry partners and an excellent 'Pit-stop' session following lunch, permitted a short presentation of the latest developments of material and tools from each of the industry partners for the meeting.





Two of the most controversial areas in hip preservation surgery, femoral torsion and acetabular version, along with hip instability, formed the main topics for discussion and debate throughout the morning of day two; experts (Dr. Raul Torres, Dr. Jesús Mas and Dr. Marc Tey) presented the relevant basic science and up to date diagnosis and treatment options for a variety of associated hip conditions.

Complex morphological hip conditions dominated the afternoon of day two with hip dysplasia taking centre stage; both the role of arthroscopy and open preservation techniques were presented and discussed comprehensively with experts including Dr. Dean Matsuda, USA (Arthroscopy) and Dr. Paulo Rego, Portugal (Open preservation) both offering their professional experience and surgical techniques.



The 10th International Santander meeting 2019, was undoubtedly an outstanding success; the wealth of knowledge, quality of presentations, the focus on video techniques and the enthusiasm of the expert faculty, delivered a captivating programme for all of the delegates attending. For the faculty, a wonderful opportunity to present and discuss their research and results, and to catch up with friends and colleagues. We are already looking forward to the next edition of this Santander Hip Meeting.



A final session on recent advances in hip arthropasty included wide-ranging presentations and much discussion; the anterior approach and rapid recovery following total hip arthroplasty was presented by Dr. Nicholas Bonin (France), while hemiresurfacing may still present an option for AVN according to Dr. Lafayette Lage (Brazil). Experience with short stems was presented by Dr. Boris García (Spain). Finally, Dr. Oliver Marin (Spain) delivered the important findings of an international consensus on the diagnosis, investigation and management of periprosthetic infection.

